

QUICK GUIDE



AIA Vitality HANDBOOK

This guide will help you choose to do one more for your health every day until you realize the only limits you have are those that you set on yourself.





THE AIA VITALITY PROMISE

Are you ready to take the right step towards living a healthier, longer, and better life?

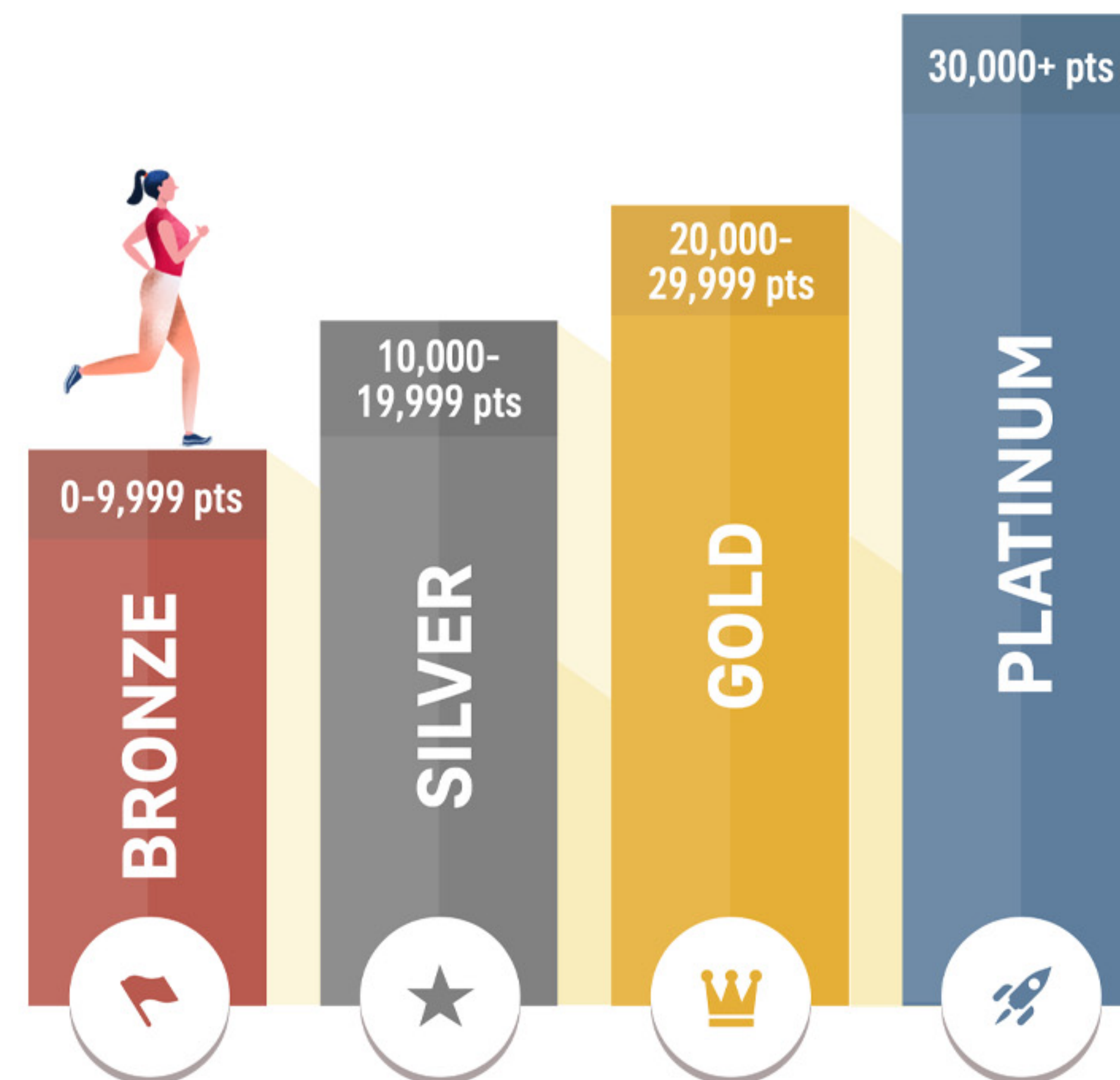
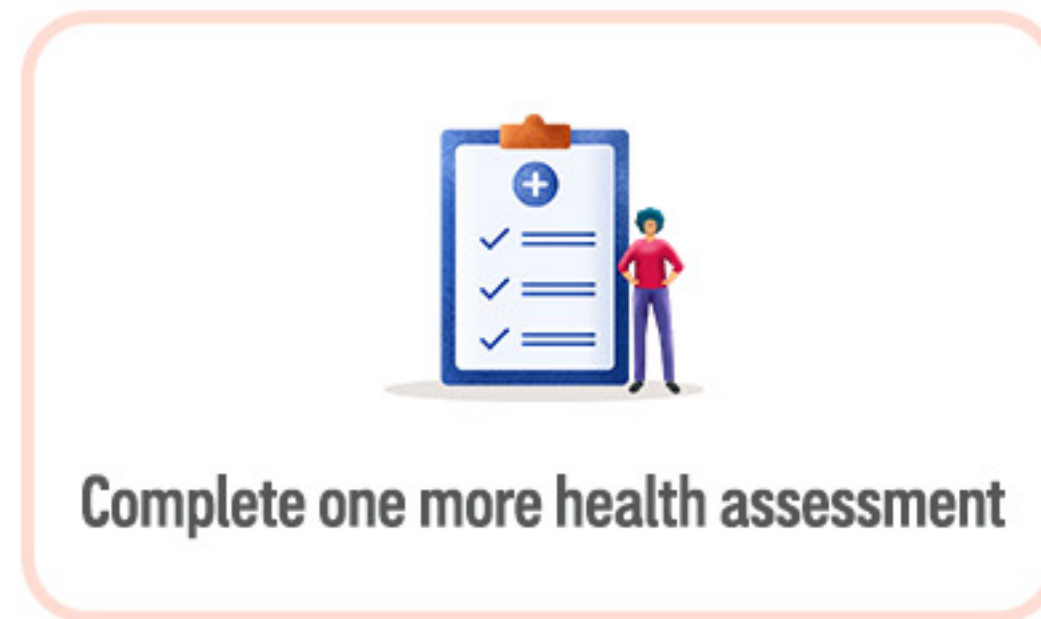
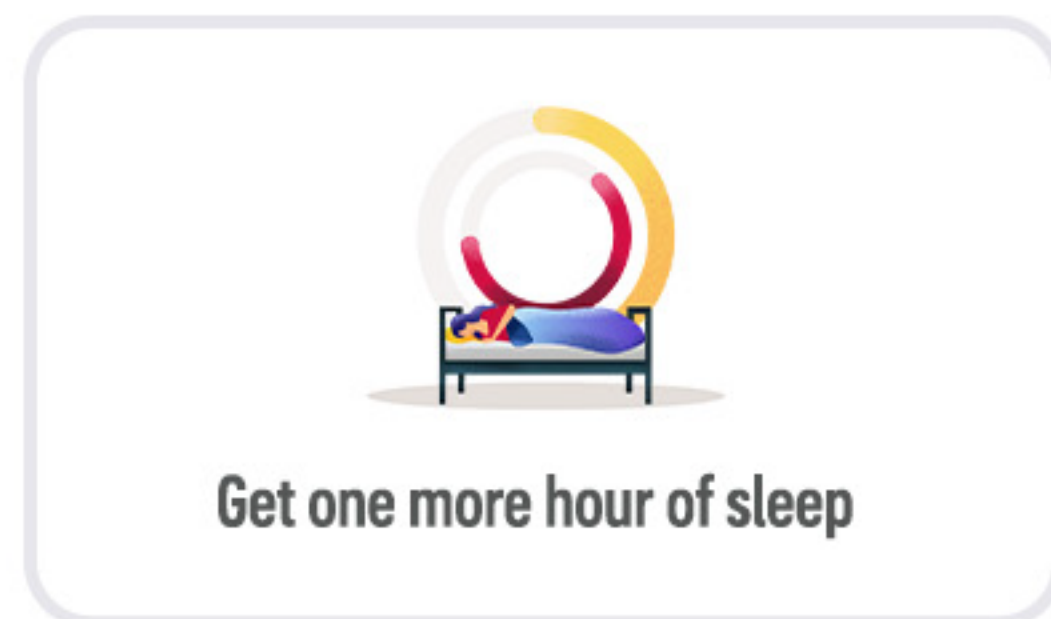
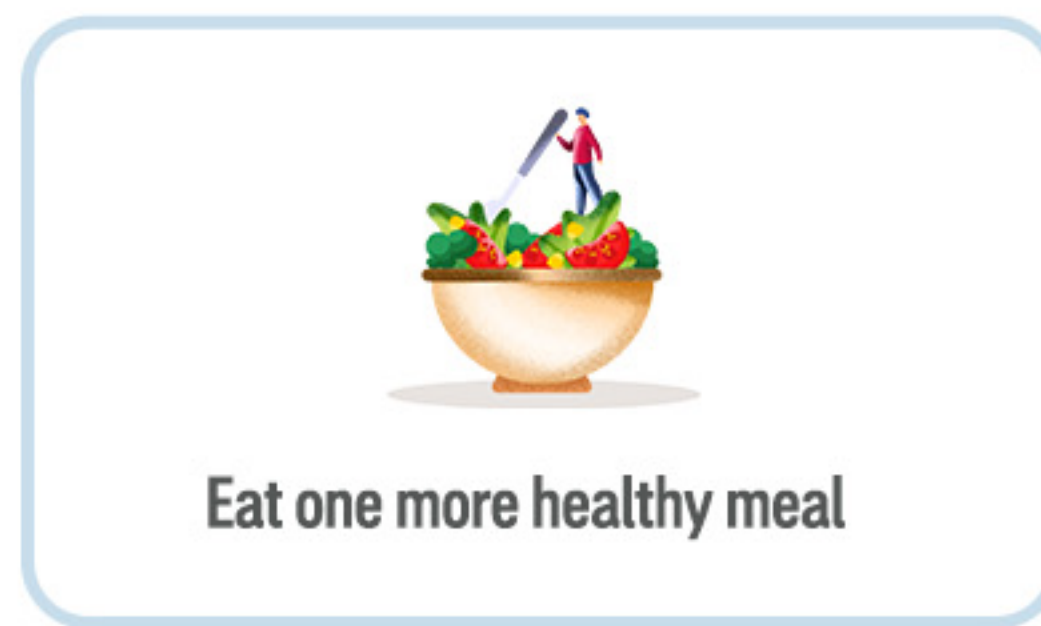
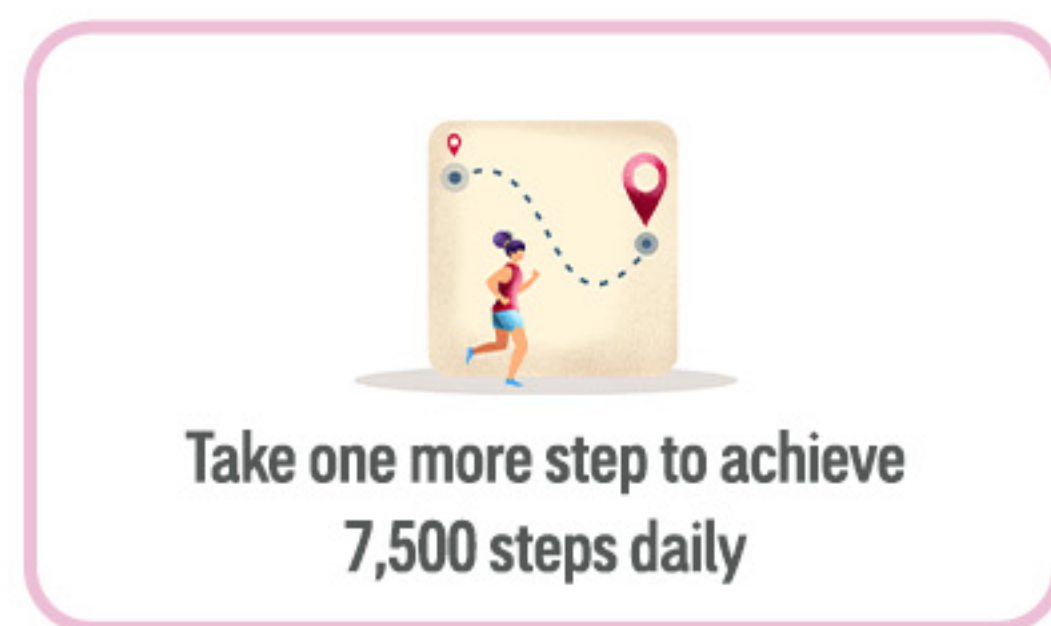
Welcome to AIA Vitality, a total wellness program that rewards you for being healthy.

Think of it as your personal health and wellness buddy that's there for you every day to encourage you to take one small step, and then one more. Before you know it, you're right on track to living the healthy lifestyle you've always wanted.

Discover how being healthy can be fun and rewarding as you go through this guide.

DO ONE MORE EVERY DAY

Start at Bronze and work your way to Platinum by making healthy choices. Each new level reaches offers bigger and better perks to reward you for staying committed to a healthier, longer, and better life!



Notes:

Points accumulate for one membership year and reset to zero on your membership anniversary.

Your AIA Vitality Status is carried over to the next membership year. You will enjoy status-based benefits depending on either your current or previous status, whichever is higher.

NOW START YOUR JOURNEY TO BETTER HEALTH

Download your next-gen wellness buddy right on your mobile phone.



SCAN ME



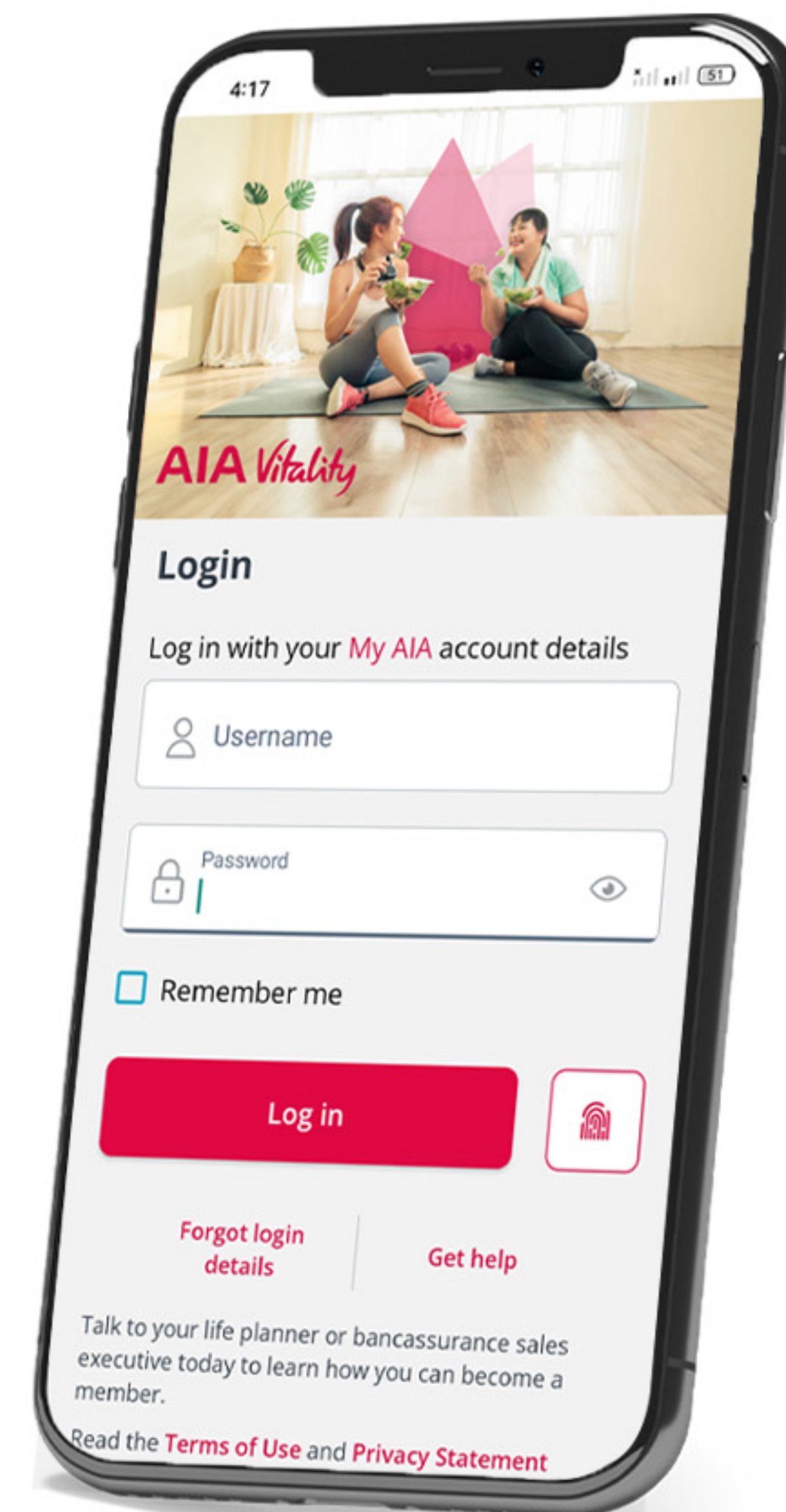
SCAN ME

Easily create your AIA Vitality account by following these 3 easy steps:

- 1 Go to www.aia.com.ph/MyAIA and click on 'Create Account'.
- 2 Input your AIA Vitality Membership number as the policy number, fill out the required fields, and nominate a password.
- 3 Enter the 6-digit one time password (OTP) that will be sent to your contact information on record. You will be redirected to the My AIA PH homepage after your successful registration.

Note:

For existing members with an ePlan account, you may simply download the new AIA Vitality app and enter your ePlan credentials to log in.



START ENJOYING REWARDS NOW

Enjoy your member-exclusive discounts and benefits when you present your AIA Vitality e-Card and one valid ID at our partner establishments.

Follow these steps to find your e-Card in the app:

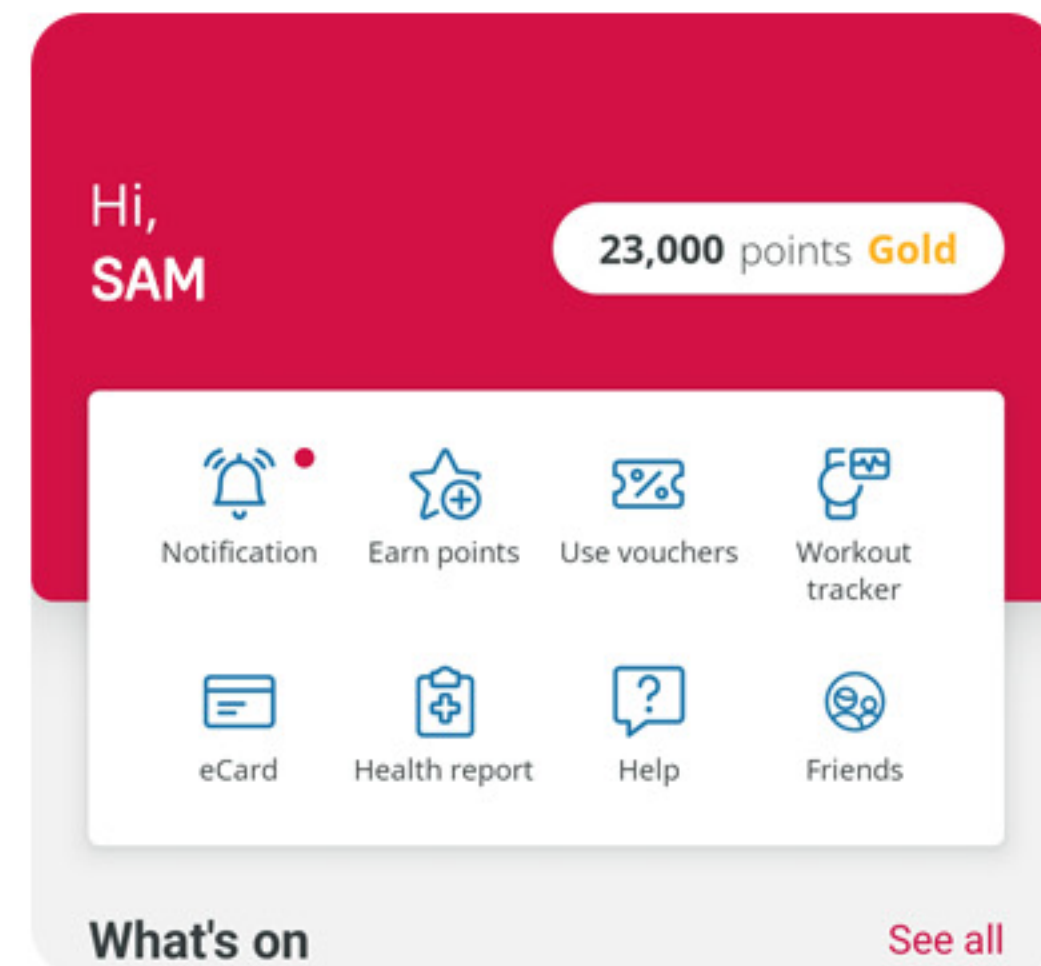
Login

Log in with your **My AIA** account details

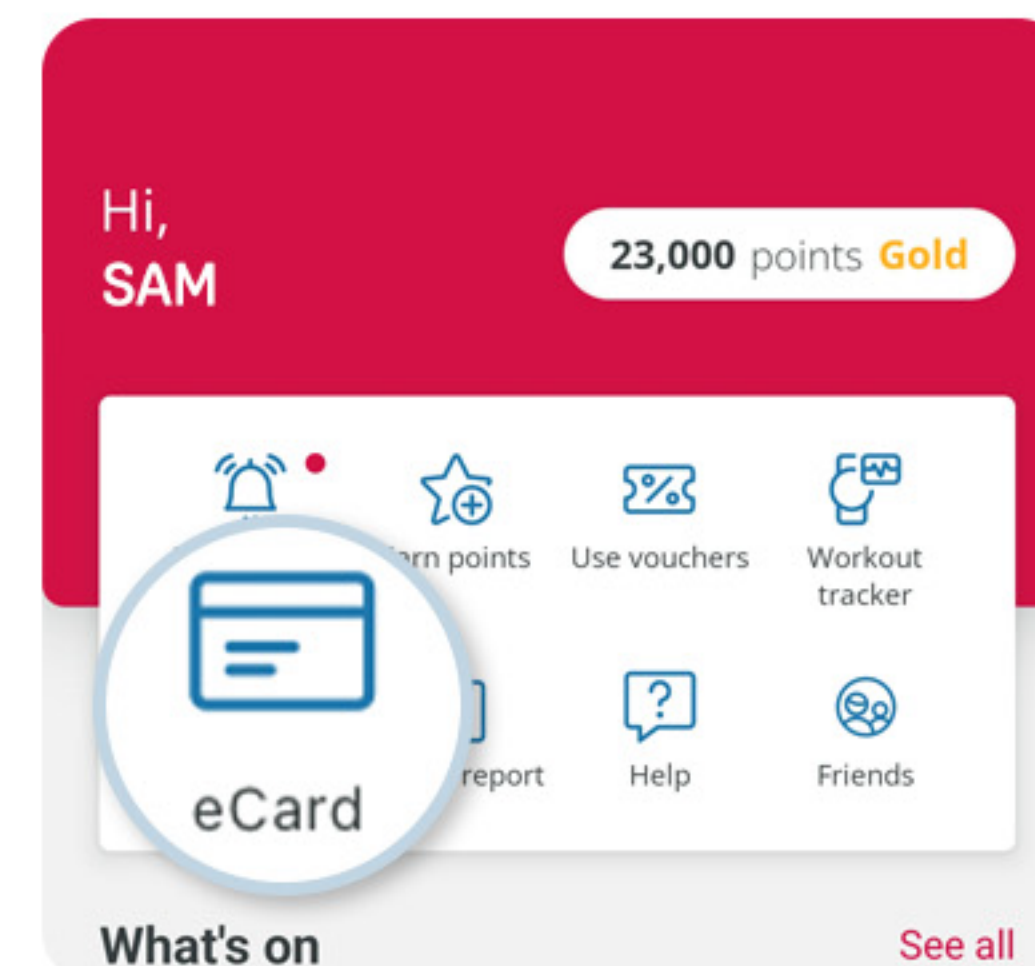
☐ Remember me

Log in

1 Log in the AIA Vitality app.



2 Expand the menu options in the dashboard.



3 Select e-Card.



Notes:
Some partners require online booking to avail of the benefits.
Please refer to the app or this booklet for complete benefit mechanics.

TRACK YOUR FITNESS ACTIVITIES

Link your fitness device or app to AIA Vitality and sync your workout data regularly to keep track of your health and earn points. You may also get a Php 100 e-gift voucher by simply linking a fitness device or app and earning your first points!**

Compatible Fitness Device:

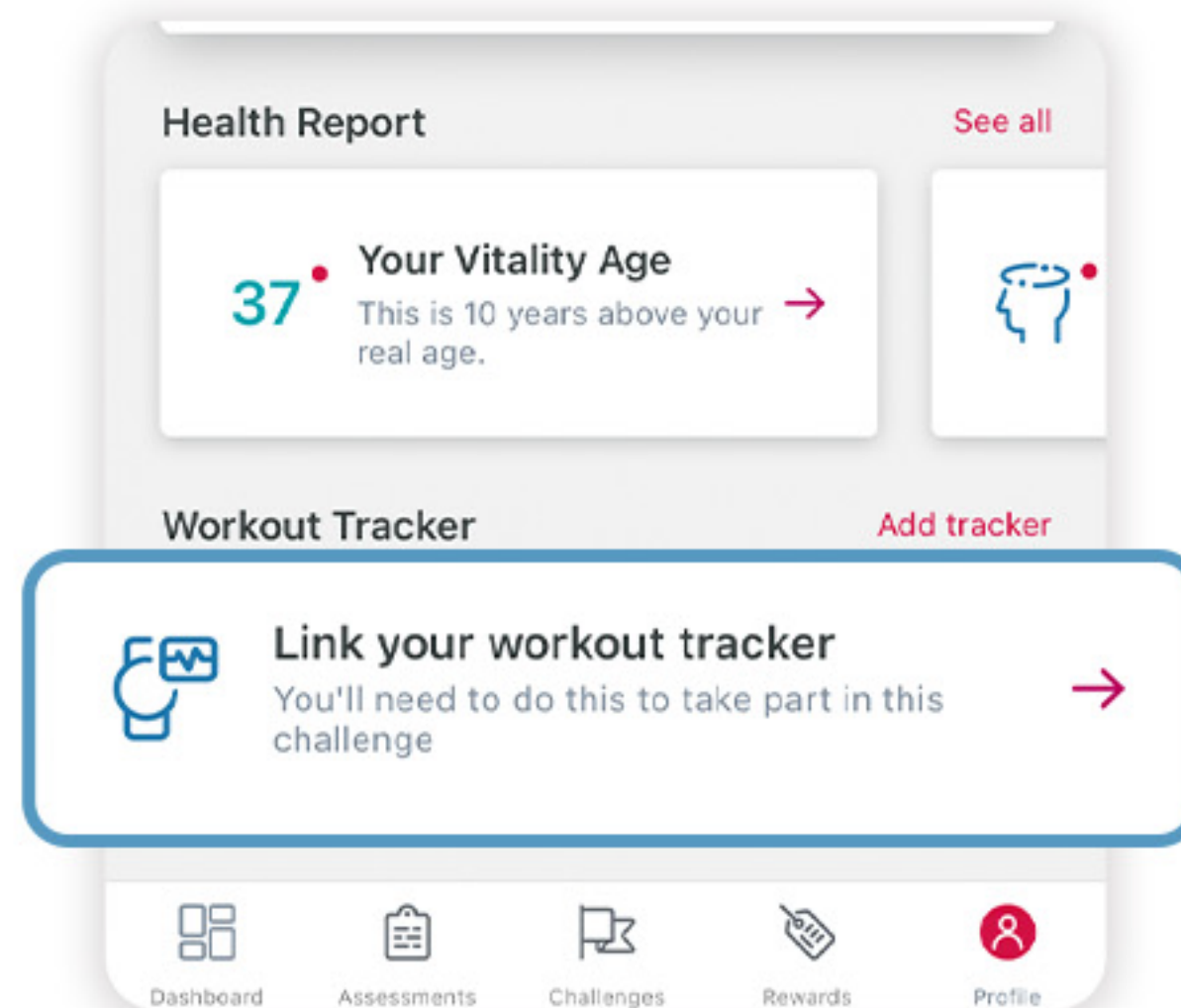


Compatible Fitness Apps:



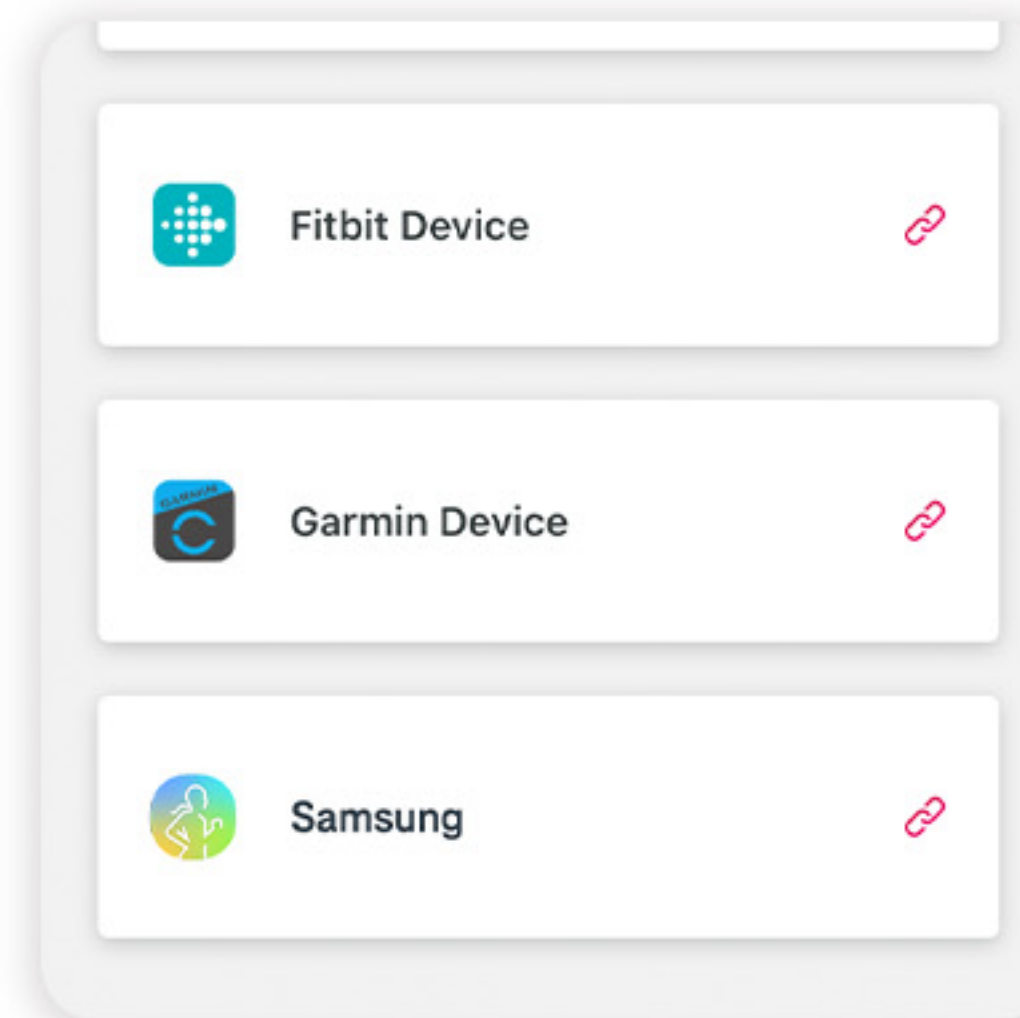
1

Go to **"Profile"** and click **"Link your workout tracker"**.



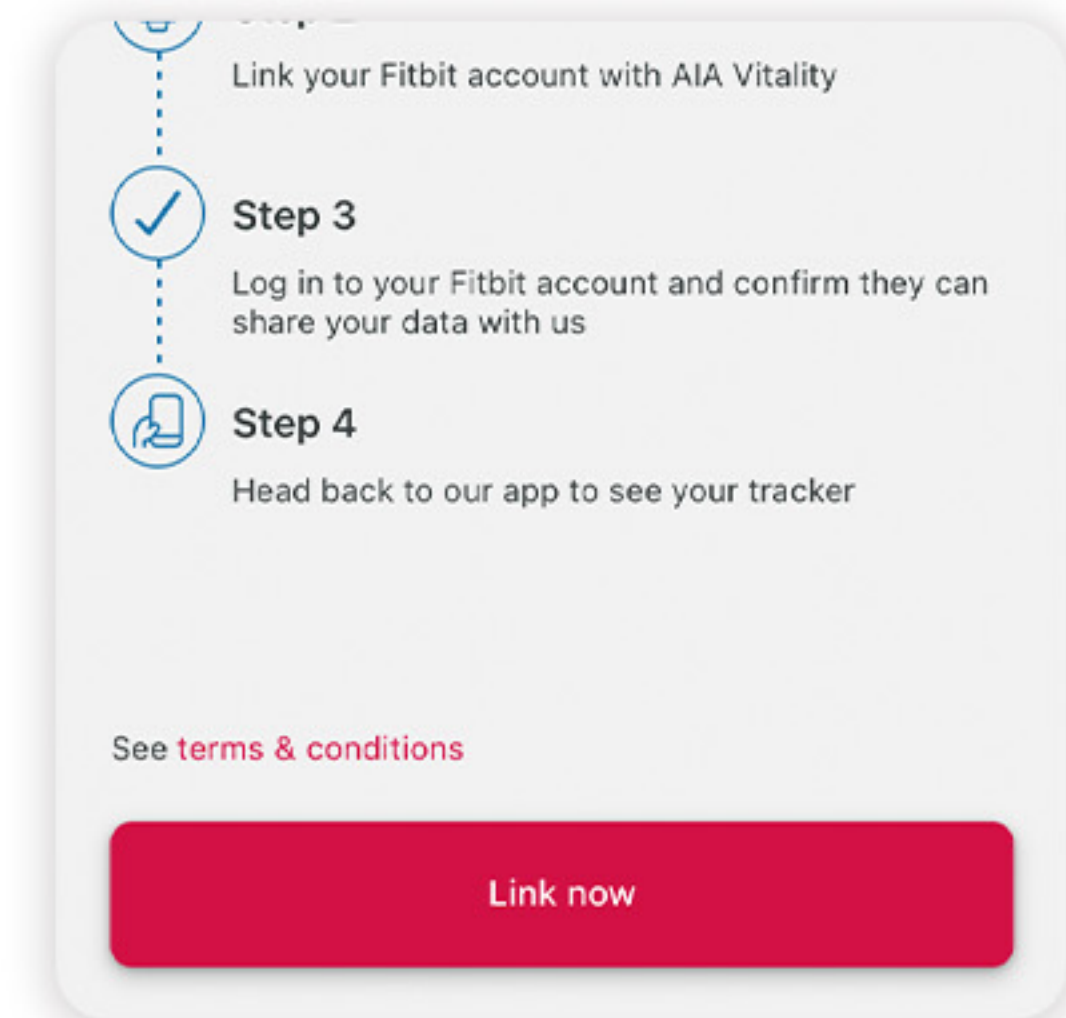
2

Select your preferred fitness device or app.



3

Follow the steps and click the **"Link now"** button.



*If your fitness device is not on the list above...

**Applicable only to members who have not connected a fitness device previously and have not earned points for it.

BEING HEALTHY HAS NEVER BEEN THIS REWARDING!

AIA Vitality

KNOW YOUR HEALTH

The best way to stay healthy is to know what your mind and body need.

Start your journey by taking our online assessments!

- Do the AIA Vitality Health Check.
- Take a fitness assessment and nutrition consultation.
- Complete the online assessments.
- Find out your health goals.
- Take vaccinations and other preventive care assessments.



UP TO PHP 600 OFF
fitness assessment and nutrition consultation



10% OFF
basic and selected advanced screens



UP TO 30% OFF
select products and services



10% OFF
basic and selected advanced screens



UP TO 50% OFF
screenings and other services

IMPROVE YOUR HEALTH

Make one more healthy choice daily. Rack up points by hitting your fitness, sleep and nutrition goals.

- Walk or jog to earn easy points.
- Work out at partner gyms.
- Avoid unhealthy habits.
- Get new workout gear at a discount.
- Get 7 hours of sleep.



UP TO 30% OFF*
selected fitness devices



10% OFF
Smoking Cessation Program



25% OFF***
regular-priced items



UP TO 30% OFF*
selected fitness devices



25% OFF***
regular-priced items



25% OFF***
regular-priced items



70% OFF gym membership & UP TO PHP9,000 OFF bundle deals



15% OFF
annual membership and 1 month free

ENJOY THE REWARDS

Increase your AIA Vitality Status by earning points for your healthy choices! The higher your status, the greater your rewards!

Note: Answer the "How Healthy Are You?" assessment every membership year to activate Active Rewards.

- Enjoy perks from our wide range of partners.
- Earn more rewards by increasing your AIA Vitality Status.
- Save and get more value for money through AIA Philippines and BPI AIA insurance plans.



UP TO 20%**
premium discount



UP TO 50%**
additional coverage



UP TO 100%**
loyalty boost



UP TO 50%**
double booster (coverage + loyalty boost)



UP TO PHP350 OFF*
two movie tickets per week



15% OFF
admission tickets (max. of 11 tickets/day)



UP TO 35% OFF*
local and international roundtrip airfare



UP TO 30% OFF*
selected gadgets and appliances



UP TO 35% OFF*
best available rates



ACTIVE REWARD
when you hit your weekly fitness target

Your choice of PHP100 eGift:



Notes:

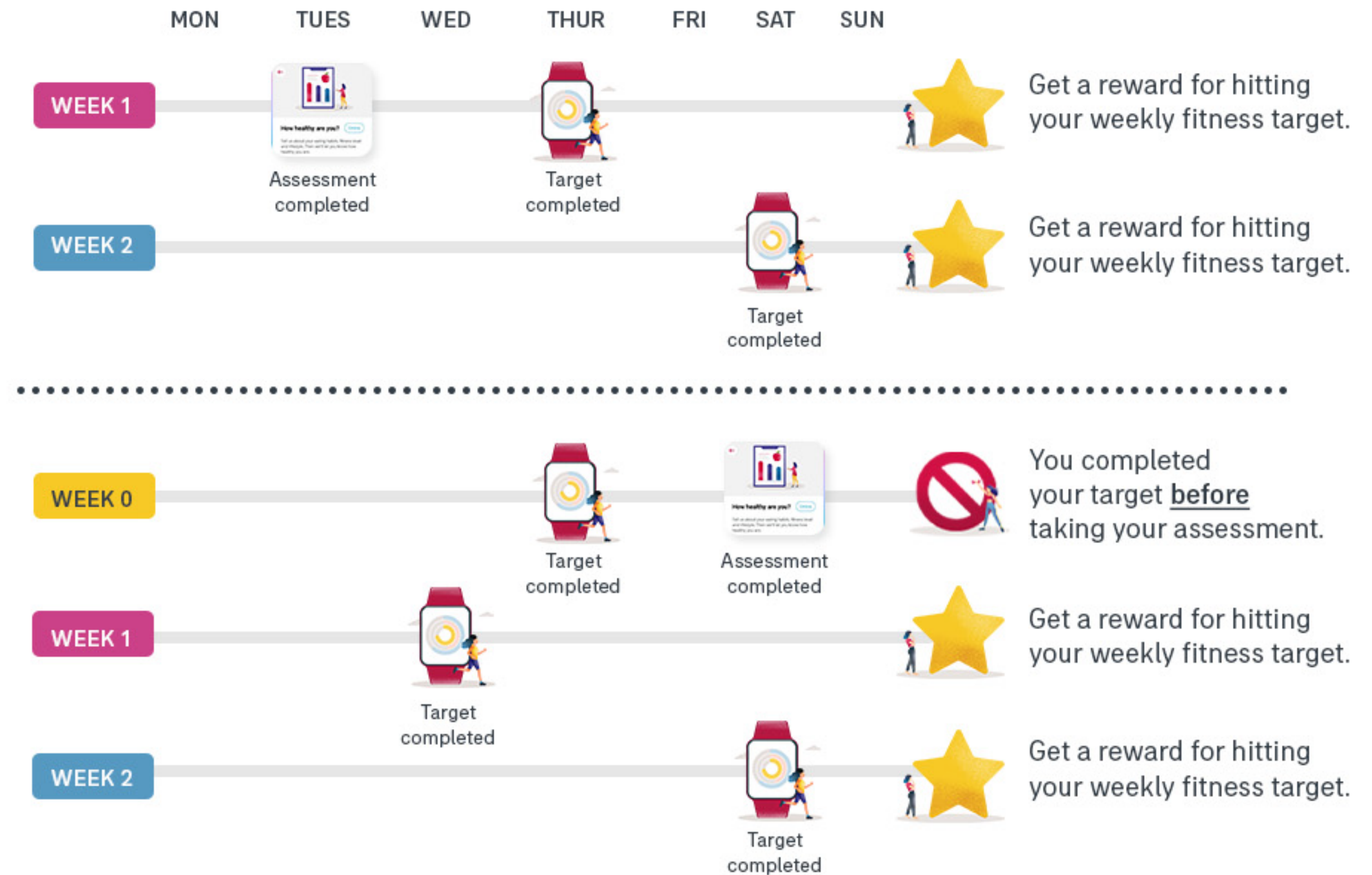
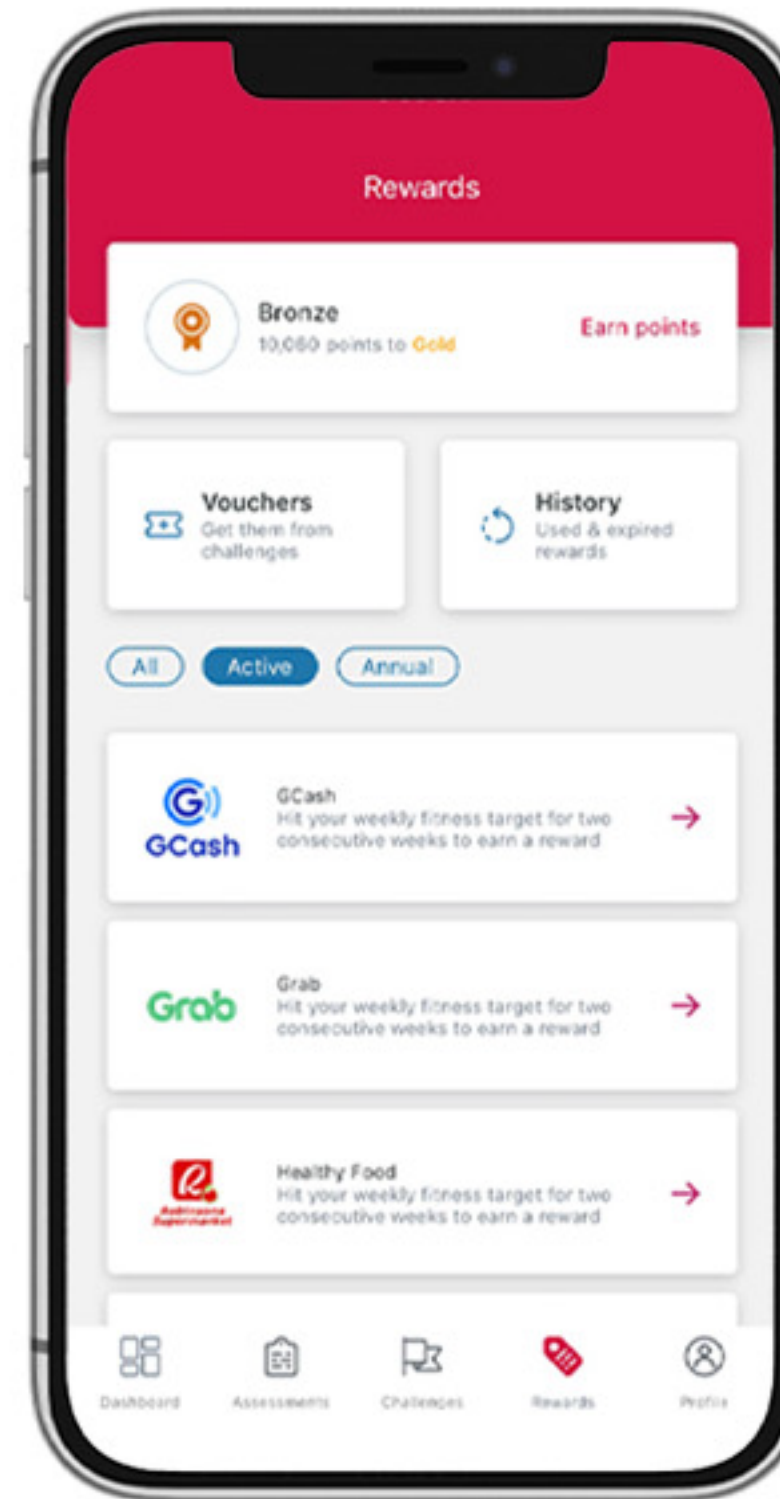
- *depends on your AIA Vitality Status
- **depends on your insurance policy and AIA Vitality Status
- ***maximum of PHP20,000 annual spending limit

Partners and benefits as of September 1, 2025.
Partners, discount rates, and benefits are subject to change without prior notice.
For the latest updates, visit www.aia.com.ph or www.bpi-aia.com.ph. Terms and conditions apply.
In case of conflict, the terms and conditions of the insurance policy shall prevail.

ACTIVE REWARDS

Enjoy an instant reward by completing your weekly fitness target.

- 1 Take the “How Healthy Are You?” assessment every membership year to unlock active rewards.
- 2 Make sure to take this online assessment before hitting your weekly fitness target. Otherwise, the freebie will only be available the next time you complete the weekly fitness challenge.



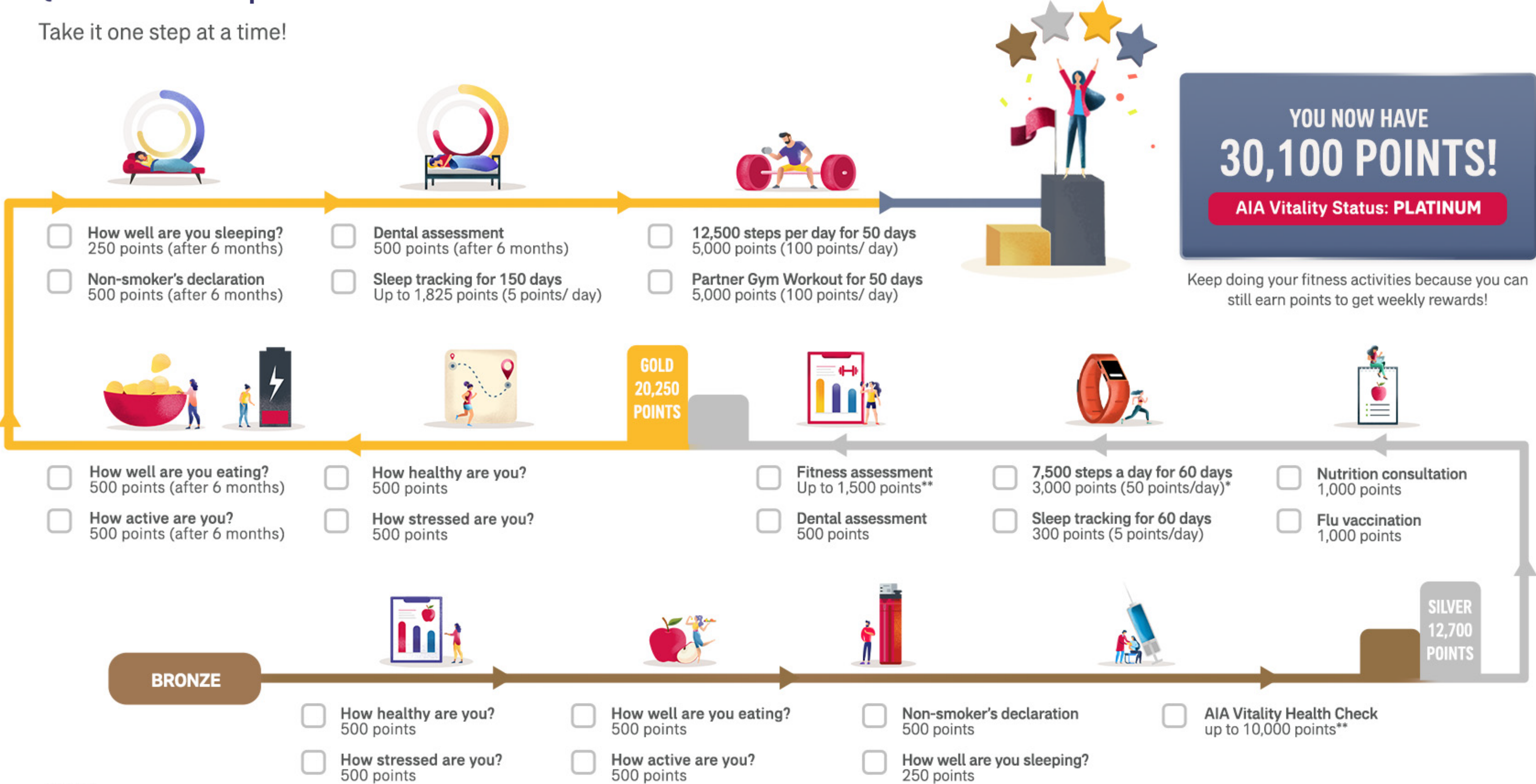
Choose from these instant freebies:



Notes:
Active rewards are subject to availability and change without prior notice.

Q: How do I move up from Bronze to Silver?

Take it one step at a time!



Notes:

*Annual limit for points earned from fitness activities is 15,000 points.

**Equivalent points if assessment result is within healthy range.



Got questions?

- Talk to your life planner or bancassurance sales executive.
- Call our helpdesk hotline at AIA Philippines (02) 8528 2000 or BPI AIA (02) 8528 5501
- Email our helpdesk at ask@aiavitality.com.ph

To see the latest updates, visit www.aia.com.ph or www.bpi-aia.com.ph.

AIA



BPI AIA